

MONDAYS

Story Time

K-2nd graders, Carrie's room 3:05 – 4:05 pm

Don't have time in your busy schedule to make it to story hour at your local library anymore? Want your child to build their understanding of story structure in a fun, casual way? The read-aloud has come to HMS Afterschool! Join second grade teacher and literacy specialist Carrie in a delightful and relaxing weekly interaction with the wacky, wonderful, written word. Each session Carrie will lead the children in a discovery of a new story with a chance to act out the story at the end of each reading. Some stories that will be explored include *Heggedy Peg*, *The Relatives Came*, *One Morning in Maine*. Sign up to see what other wonderful adventures await in the pages!

Volleyball

4th grade & up, Outdoor Field/PAC 3:05 – 4:05 pm

Taught by Phys. Ed teacher, Tanya, our volleyball group will continue to grow as a team this year. Please join us to work on beginner skills and games as well as some fun with scrimmages. Although this is strictly for fun, I'm strict about foot wear. Sneakers only please. \$10 materials fee.

Book Club

6th - 8th grade

AnnMarie's Room, Upper School 3:05 – 4:00

Lead by 7th/8th grade Humanities teacher, AnnMarie Callan, Book Club members take a walk through the genres of fantasy, historical fiction, and poetry. Each week members discuss and share ideas and reflections on books read. No homework – other than to read the books! First book – *Phantom Tollbooth* by Norton Juster! Bring a healthy snack!

TUESDAYS

The Wayfinder Experience: Cooperative Sword Games

5th – 8th graders, PAC, 3:05 – 4:30 pm

A fun, physical experience in which participants play games to teach valuable skills for being a part of a community like cooperation, trust and teamwork. These games include the use of our play-safe, foam 'boffer' swords as well as improvisational theatre and cooperative play techniques, where the sword is not a weapon, but a collectively used prop in a theatrical scene. \$15 materials fee

Chess Club

4th grade & up

Peter's Room, Upper School 3:05 – 4:00

Peter Lavin, 7th/8th grade Math/Science teacher, will lead the chess club. For kids who love the game of chess, come and play with others who share this interest! Peter will work with chess club members on honing skills and strategy. If you have a chessboard, bring it – if not Peter will supply them.... Bring a healthy snack!

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TUESDAYS

E x p l o r e r s C l u b

K – 2nd grade

School Campus/Dance Studio 3:00 – 4:00

We will become adventurers as we journey into the woods and find what the autumn season has left for us to discover. These explorations may have us finding rotten logs where we can study mushrooms and other creepy crawlies. The colorful fall leaves will allow us to create some beautiful collages and art projects. We also just might build fairy houses before the winter! Bring a healthy snack...

WEDNESDAYS

D r a m a

3rd – 6th grade, PAC, 3:15 – 4:15 pm

Veteran Acting Teacher and Director, Allyson Uzzle will lead this diverse group of young actors through a process of learning to act using improvisation theatre games and scripted scenes. Students will be immersed in their own artistic exploration as they learn about comedy, farce and contemporary drama from one our finest directors of young actors.

F e l t i n g

2nd - 3rd grade, Art Barn, 3:05 – 4:05

Visual Artist, Jennifer Boylan, will teach felting. Children create dolls, animals, tapestries and enjoy this gentle accessible art form... it's all taking place in the Art Barn. Bring a healthy snack! 6-member maximum. \$15 materials fee

THURSDAYS

The Wayfinder Experience: Cooperative Sword Games

3rd – 4th graders, PAC, 3:05 – 4:30 pm

A fun, physical experience in which participants play games to teach valuable skills for being a part of a community like cooperation, trust and teamwork. These games include the use of our play-safe, foam 'boffer' swords as well as improvisational theatre and cooperative play techniques, where the sword is not a weapon, but a collectively used prop in a theatrical scene. \$15 materials fee.

Yoga

3rd - 6th graders, Dance Studio , 3:05 – 4:00

Students will explore fusing breath with movement as they are guided through basic yoga poses and rests. Practicing yoga can be a noncompetitive way to strengthen the body as well as to establish and deepen flexibility, balance, coordination, and concentration. It can also provide children with an understanding of and appreciation for how our minds interact with our bodies and with the world around us. This class will provide the students with a wind-down and focus at the end of their busy day. Each class will conclude with a relaxation period, following which students may eat a small snack as they share their experience from the day's practice. Carrie is the second grade teacher at High Meadow School and has been studying and practicing yoga for 10 years.

Questions? Call: 845 389-5889, e-mail: amyp@highmeadowarts.org

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F e l t i n g

K – 1st grade, Art Barn, 3:05 – 4:05

Visual Artist, Jennifer Boylan, will teach felting. Children create dolls, animals, tapestries and enjoy this gentle accessible art form... it's all taking place in the Art Barn. Bring a healthy snack! 6-member maximum. \$15 materials fee

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After-School Registration Form

Payments & registration must be received by Monday September 20th.
Thanks for your understanding...

Child's Name Age/Grade: _____

Child's Name Age/Grade: _____

Parent name(s): _____

Address (es): _____

Phone #s: _____ **Cell#:** _____

Phone #s: _____ **Cell#:** _____

E-mails: _____

Emergency Person & Phone#: _____

Club: _____ **\$ 185**

Club: _____ **\$ 185**

Club: _____ **\$ 185**

Club: _____ **\$ 185**

Club: _____ **\$ 185**

Club: _____ **\$ 185**

Club: _____ **\$ 185**

Club: _____ **\$ 185**

Materials? (for volleyball, swords & felting) \$ _____

Total Amount of payment \$ _____

Payments & registration: Please return registration, payment & medical form to High Meadow School's Main Office by **Monday, September 20th:**

Checks made out to: "High Meadow ARTS"
High Meadow School
P.O. Box 552
Stone Ridge, NY 12484

Questions? Call: 845 389-5889, e-mail: amyp@highmeadowarts.org

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PROGRAM AGREEMENT

Student Description

Is there anything you would like us to know which may support your child's experience in the program?

Does your child have any allergies, physical challenges, or speech difficulties?

Do the above require special handling? Does the child require any other special consideration (phobias, dietary restrictions, ADHD, recent trauma)? If so, please call Amy Poux to explain.

Other comments/Special Needs:

CONFIDENTIAL MEDICAL HISTORY

Child's name: _____

Insurance Carrier _____ Policy Number _____

Child's name: _____

Insurance Carrier _____ Policy Number _____

Hospital Preference _____ Family Doctor _____ Dr.'s Phone # _____

Current Medications: _____ Daily: _____ Time: _____ Dsg: _____

For what condition? _____

Children will be supervised and receive dedicated care by their teacher with First Aid and CPR training. Even so, accidents can happen. In this event parents/guardian agrees to hold High Meadow Arts harmless from claims for personal injury, loss and or damages that arise from the services offered pursuant to this agreement.

I, _____ give permission for my child, _____

to receive emergency medical treatment in the event of injury while attending the High Meadow After-school program. Including transportation by Program Director or instructor's vehicle or field trip, hospital when planned or needed. I take full responsibility for any financial consequences of this medical treatment.

X Parent Signature: _____ **Date:** _____

Program Policies

1. Program fees and completed forms must be received by September 20th, 2010
2. Refunds will not be given except in the case of verified medical emergencies.
3. High Meadow Arts, Inc. reserves the right to refuse any applicant and/or to cancel any application for behavioral problems or inappropriateness, without refund.
4. High Meadow Arts, Inc. requests the right to use photographs for promotional use.
I understand and agree to the above policies, procedures and fees.

X Parent Signature: _____